



*Yogoda Satsanga Sakha Ashram - Noida*

(Newsletter of YSS Activities in Noida, Delhi, and Gurgaon)

## Welcome to YSS NCR eNewsletter

### January 2018 Issue

*We bring you updates on YSS activities  
from Delhi, Gurgaon and Noida,  
and share with you news of upcoming events in NCR*

"You must not let your life  
run in the ordinary way;  
do something that  
nobody else has done,  
something that will  
dazzle the world.  
Show that God's creative  
principle works in you."

- Sri Sri Paramahansa Yogananda



### Recent Activities

#### ***Christmas Celebrations 2017***

YSS Noida, Delhi and Gurgaon Commemorate Christmas with Various Programmes  
Christmas 2017 Celebrations by Children Satsanga

#### ***SRF Nuns' Visit***

SRF Nuns Arrive at YSS Delhi Kendra

#### ***New Year Eve Meditations***

SRF Nuns Conduct New Year Eve Meditation  
YSS Noida Ashram Rings in the New Year with Swami Vishwanandaji

#### ***125th Avirbhav Divas of Gurudeva Sri Sri Paramahansa Yogananda***

Janmotsav Celebrations at YSS Noida, Delhi and Gurgaon

Message from YSS/SRF President

Children Satsanga Celebrates Janmotsav

Media Coverage of Janmotsav 2018

#### ***YSS Delhi Kendra Completes Twenty Five Years***

Silver Jubilee Celebrated with Bhajan Sandhya and Special Satsanga

#### ***Charitable Activities***

YSS Gurgaon Kendra Conducts Narayan Sewa at Old Age Women's Home;

Woollens and Footwear Distributed to Needy Schoolgirls

#### ***Public Talk***

Swami Lalitanandaji Talks on 'Science of Kriya Yoga' at Speaking Tree Event

## Upcoming Events

**Jan. 28: SRF Nuns to Conduct Satsanga at YSS Noida Ashram**

Special Programme at Noida by SRF Nuns on India Visit

**YSS Noida Ashram Hosts Two Sangams in March 2018**

Register Online for Sangams I and II (without Accommodation)

**Conducted Spiritual Retreats - 2018**

Plan your Retreats during January-June 2018

**Special Days of Commemorations - 2018**

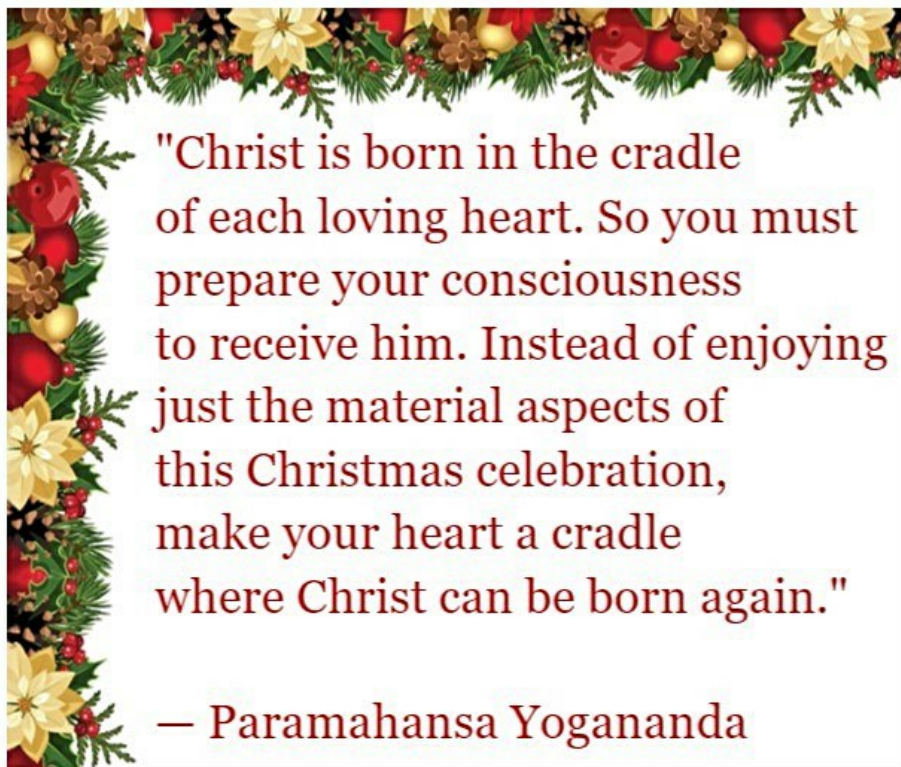
Mahasamadhi Anniversaries

of Sri Sri Paramahansa Yogananda (March 7)

and Sri Sri Swami Sri Yukteswar Giri (March 9)

## Recent Activities

### Christmas Celebrations



This message of Gurudeva on the real meaning of Christmas echoes through the celebrations of the birth of Jesus Christ in YSS/SRF meditation centres worldwide. The [commemorative programmes](#) on Christmas in YSS NCR included special eight-hour-long meditations and *Satsangas* in Noida, Delhi and Gurgaon.

- [YSS NCR Celebrates Christmas](#)
- [Christmas 2017 Celebrations by Children Satsanga](#)
- [Photographs: Christmas 2017 Programmes in NCR](#)
- [Photographs: Children Satsanga Celebrates Christmas 2017](#)



*Brahmachari Sheelanandaji at YSS Delhi Kendra*



*Brahmachari Dhairyanandaji at YSS Noida Ashram*



*Altar at YSS Gurgaon Kendra*

***Christmas Celebrated by Children Satsanga***



YSS Delhi and Noida conducted programmes for children on Christmas.



[To read more, click here.](#)  
[View pictures by clicking here.](#)

***New Year Ushered in With Special Satsangas***

***SRF Nuns Arrive at YSS Delhi Kendra;  
Nuns Conduct New Year Eve Meditation***





Devotees welcomed SRF nuns and monks who arrived at YSS Delhi Kendra to start off their India visit. A few days later, on New Year's Eve, many of Delhi NCR devotees were greeted by SRF Nuns on the occasion, when the meditation was conducted by Brahmacharini Darshanaji.

[Read more here.](#)

[View pictures by clicking here.](#)



### *SRF Monks Arrive in India; Conduct New Year Eve Meditation*

### *Swami Vishwanandaji Conducts New Year Eve Meditation at Noida*

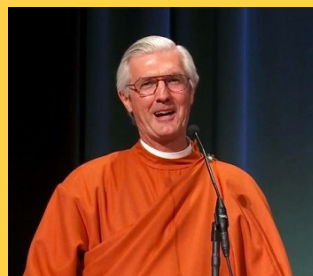


Swami Vishwanandaji led the New Year Eve celebrations by conducting meditation which was attended by 240 devotees. Brahmachari Saujanyaandaji sang the Cosmic Chants as part of this special meditation.

[Read more here.](#)

[View pictures by clicking here.](#)

### *Janmotsav Message From Swami Chidananda Giri*



"Let your gift of gratitude to him be to follow the way he has shown, that you may receive with open mind and heart the limitless spiritual bounty he yearns to give to you..." writes Swami Chidananda Giri, President, Self-Realisation Fellowship/Yogoda Satsanga Society of India in a Message on Gurudeva's 125th birthday.

[Read more by clicking here,](#) or [watch the video message](#) given below.

# 125th Birthday of Paramahansa Yogananda A Message from Brother Chidananda,

Present

Self-Realization Fellowship/Yogoda Satsanga Society of India

January 5, 2018



## YSS NCR Celebrates Gurudeva's 125th Birth Anniversary



This year is the 125th birth year of our blessed Gurudeva Sri Sri Paramahansa Yogananda. Janmotsav celebrations in the honour of Guruji were held across YSS NCR between January 5 - 21.

Click on the links below to read more and view pictures of the event:

- [Janmotsav 2018 Celebrations in YSS Noida, Delhi and Gurgaon](#)
- [Children Satsanga Delhi and Noida Celebrate Janmotsav](#)
- [PHOTOS: Janmotsav 2018 Programmes in NCR](#)
- [PHOTOS: Children Satsanga Celebrates Janmotsav 2018](#)



Celebration of Gurudeva's 125th Avirbhav Divas by Children Satsanga - Noida and Delhi Swami Lalitanandaji led the *prabhat pheri* with the children in YSS Noida Ashram ahead of the cultural programme on January 14, 2018. Children Satsanga of Delhi Kendra also celebrated Janmotsav with a special programme on January 21, 2018.

[Read more here.](#)

[View pictures here.](#)



#### MEDIA COVERAGE OF JANMOTSAV

For the media coverage report for Janmotsav celebrations at YSS Noida Ashram of Guruji's 125th birth anniversary, [click here.](#)

### *Silver Jubilee Celebrations of YSS Delhi Kendra*

As part of the celebrations for twenty five years since the foundation of YSS Delhi Kendra, a *Bhajan Sandhya* was conducted by Brahmachari Dhairyanandaji on December 21, 2017, and a special *Satsanga* was conducted by Swami Lalitanandaji on January 7, 2018 - a day which also saw the celebrations of Janmotsav at the Kendra.

[Read more by clicking here.](#)

[View pictures by clicking here.](#)



### *Charitable Activities*





**Narayan Seva at Old Age Women Home** As part of the celebrations of Guruji's Janmotsav programme on January 5, 2018, the YSS Gurgaon Kendra donated dry ration worth ten thousand rupees to an old age home for women in Sector 4, Gurgaon.

[Read more here.](#)

[View pictures by clicking here.](#)

Marking YSS Centenary celebrations, girl students from underprivileged backgrounds were provided with shoes and sweaters in Government Girls Senior Secondary School of the capital's Shakarpur area as part of a charitable activity on December 23, 2017.

[Read more here.](#)

[View pictures by clicking here.](#)



## Public Talks

### **PUBLIC TALK: Swami Lalitanandaji's Address at Speaking Tree Event**



At a *Speaking Tree* event on Dec. 30, 2017, Swami Lalitanandaji spoke on the *Science of Kriya Yoga*, in which he touched upon the teachings of Gurudeva, after which Brahmachari Dhairyanandaji conducted guided meditation.

[Read more here.](#)

[View pictures of recent public talks by YSS monastics by clicking here.](#)

## Upcoming Events

### **Jan. 28: SRF Nuns to Conduct Satsanga at YSS Noida Ashram**



After several years, Nuns from SRF are on a visit to India. In their visit to Noida Ashram on Sunday, January 28, 2018, there will be a special *Satsanga* from 10 am to 12 noon, followed by *Guru Langar*. Devotees are welcome to attend with family and friends.

[Read more here.](#)

### **YSS Noida Ashram Hosts Sangam I and II in March-April 2018**



**REGISTER\* FOR SANGAM I OR II**  
 YSS Noida Ashram will host two Sangams in March-April 2018. Devotees may avail of a wonderful opportunity to attend the review of Gurudeva's Energization Exercises and meditation techniques, discourses, group meditations, *bhajan sessions*, *video shows*, spiritual counselling by monks,

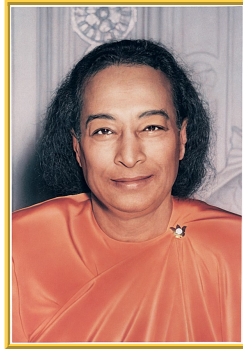
and Kriya Yoga diksha by registering for the YSS Noida Sangam I or II.

To register online for Sangam I, [click here](#).

To register online for Sangam II, [click here](#). (You may also register in person, or by post)

\*Please note that accommodation is no longer available.

### Special Days of Commemorations - 2018



*“When I am gone, only love can take my place. Be so drunk with the love of God, that you will know nothing but God; and give that love to all.”*

- Sri Sri Paramahansa Yogananda

On March 7, 1952, Gurudeva entered *Mahasamadhi*. The commemoration programme of the *Mahasamadhis* of our beloved Gurudeva, and of our Paramguru Sri Sri Swami Sri Yukteswar Giri in YSS NCR will be as follows:

#### Commemorations in YSS NCR - March 2018

Functions	Date	Activity	Sakha Ashram, Noida	Dhyana Kendra, Delhi	Dhyana Kendra, Gurgaon
Mahasamadhi Anniversary of Sri Sri Paramahansa Yogananda	Mar 4, Sun	Long Meditation	—	10:00 am to 4:00 pm	—
	Mar 7, Wed	Satsanga and Pushpanjali	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5:00 pm to 7:00 pm
Mahasamadhi Anniversary of Sri Sri Swami Sri Yukteswar Giri	Mar 9, Fri	Satsanga and Pushpanjali	5:00 pm to 7:30 pm	5:00 pm to 7:00 pm	5:00 pm to 7:00 pm
	Mar 10, Sat	Long Meditation	—	1:00 pm to 7:00 pm	—
	Mar 11, Sun	Long Meditation	10:00 am to 4:00 pm	—	—
	Mar 11, Sun	Satsanga and Pushpanjali	—	—	10:00 am to 12:00 noon

§ Followed by Guru Langar and Narayan Seva.



## Conducted Spiritual Retreats - 2018



*"You may be surprised at what seclusion with God will do for your mind, body, and soul.... Through the portals of silence the healing sun of wisdom and peace will shine upon you."*

— Sri Sri Paramahansa Yogananda



[Retreat in January](#)

(Classes in Hindi)

Date: January 27-28, 2018

[Retreats in February](#)

Retreat 1: February 10-11, 2018;

Retreat 2: February 24-25, 2018

For the complete retreat schedule of 2018, [click here](#).

Get Updates about YSS NCR through the NCR Website

## [Book Accommodation Online](#)



We would encourage you to make your bookings for accommodation during retreats, transit or other programmes at YSS Noida Ashram at least a few days ahead of your planned visit through our website at [noida.yssshram.org/reservation](http://noida.yssshram.org/reservation).

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